

# 5 QUESTIONS FOR *Reflection*

1. Out of the many blessings that I received in the last year--what are the 3 things that I am the most grateful for?

a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_

2. Looking back over the things that I accomplished in the last year, which 3 accomplishments am I most proud of? What did it take to accomplish each of these goals?

a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_

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3. In what area could I have accomplished more? What were my weaknesses and how can I improve upon them in the year ahead?

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4. What are two major goals that I wish to accomplish in the coming year? What needs to happen in order for me to achieve each of those goals?

a. \_\_\_\_\_ b. \_\_\_\_\_

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5. What did I learn about loss in the past year? What did I learn about love? How will I live differently in the coming year because of those lessons?

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